



# HEATHLANDS CARE HOME



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### Multicultural Afternoon

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### Children in Need

On 18th November the activity staff dressed up as Disney characters and raised money for Children in Need..

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### Residents' Activities

Every year we put on a packed schedule to keep our residents entertained, inspired, healthy and happy.

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# Children in Need

On Friday 18th November the activity staff dressed up as Disney characters for Children in Need.

We had appearances from 101 Dalmations' Cruella de Vil, Elsa from Frozen and Jessie from Toy Story. We also held a best-dressed competition for anyone else who dressed up - and the winner was Rebecca Lee, Head of Activities, who dressed up as Cruella de Vil.



# Multicultural Afternoon

26th October was our multi-cultural afternoon.

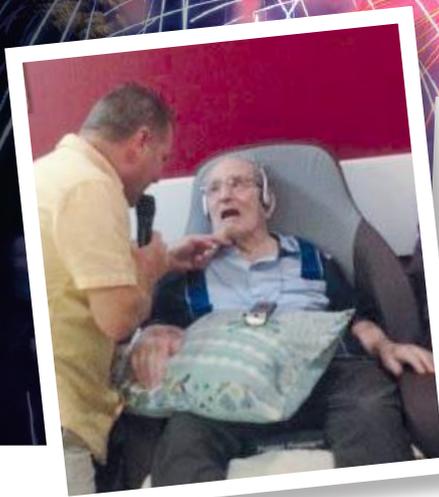
The activity team dressed up in traditional costumes and we listened to a fascinating talk about the many different cultures from around the world. We were entertained by Emiko, a wonderful dancer from the Khyal Arts Company and the residents enjoyed a magnificent spread of diverse foods and exotic drinks.



# Bonfire Night

We held our bonfire night on the 4th November.

Whilst the fireworks roared into spectacular life outside, staff and residents tucked into traditional bonfire night food - jacket potatoes, bangers and soup and to make the evening complete we were all entertained by our Heathlands' regular Tracie with his fantastic song and dance routine.



It's one of the days of the year our residents enjoy the most

# Residents' Activities

Every year Heathlands puts on a packed schedule of activities to keep our residents entertained, inspired, healthy and happy.

Here are a few examples...



Inspired, healthy and happy

## Ladder to The Moon

We have also joined a Ladder to The Moon course for a year.

We get boxes each month with different equipment and materials that can be used creatively for the benefit of our residents.

For example, we recently had a "Rebel Box" that had sleeve tattoos in it, which they could wear and T-shirts that they could write their own slogans on. The results were both creative and inspiring.

Ladder to The Moon brings creative attitudes and culture to the heart of the CQC requirements for outstanding services. We recently entered the Ladder to The Moon competition for the most creative solutions to the activity box contents and are looking forward to getting the results.

This programme will equip our activity staff to become key-drivers for a creative culture in the care service and a catalyst for positive change at Heathlands.

We won a 'Highly Commended' for our evidence of outstanding activities competition for our Ladder to the Moon initiative in autumn 2016.



## Remembrance Day

Sunday 13th November we held a respectful, yet entertaining Remembrance Day.

Entertainer Jodie Stone dressed up in a 1940s military style and entertained our "troops" with a selection of swing and big band numbers from the era. Staff and residents enjoyed snacks and refreshments. We even tucked into some cakes, which were specially made for the occasion.



Our residents certainly got into the swing of things

## Wear it Pink for Breast Cancer

On the 21st October we set up another fun-packed fundraising day for breast cancer.

Everyone came in on the day suitably attired in pink. We sold sweets, cake and drink on the day - again, all coloured pink - and we raised more than £230 for the charity.



wear it  
pink



## Macmillan Coffee Morning

On Friday 30th October we set up a coffee morning for Macmillan cancer.

We sold cakes and served coffee and tea - and we raised an impressive £155! Residents' families made cakes, Debbie Adams our manager made a lemon cheesecake and Sharon Bruce, our deputy manager, made bread pudding.



COME FOR  
COFFEE  
IT'S FOR MACMILLAN

Even the cakes were in the Macmillan colours

## A Winter Wonderland

We created our own winter wonderland on the roof terrace of Heathlands and Bert (one of our housekeepers) kindly dressed up as Father Christmas.

And early in the New Year we're all off to see a Christmas Pantomime. Our residents can't wait!



HEATHLANDS CARE HOME

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