



MAPLES CARE HOME

THE LATEST WINTER NEWS

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Coffee Morning

We celebrated Macmillan coffee morning with a 100th birthday for Gladys Hunt..

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Bonfire Night

Family, friends and staff voted for their favourite Guy. "Alison" was the firm favourite.

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Our Canine Friends

Nightingale dogs entertained the residents with Xavi trying his hand at a dog version of Ker-Plunk.

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Stephen Carr of the Forest Hill Classic Car Club

Macmillan Coffee Morning

In September we celebrated Mcmillian coffee morning with a 100th birthday for Gladys Hunt, as well as having classic cars for the residents to look around.

Many thanks go to Stephen Carr and the Forest Hill Classic Car Club for an amazing display. We raised £140 for the charity and Gladys thoroughly enjoyed her card from the Queen and telegram from DWP.



Gladys celebrated her 100th birthday in true automotive style

Ladder to The Moon

Kath Misselbrook Maples Activities Coordinator.

I have been asked recently, "What is the Ladder to The Moon project?"

Ladder to the Moon provides workforce and service development that enables health and care organisations to develop active, creative and vibrant care services. We use approaches that incorporate creativity and the arts, and involve staff, older people living with dementia and other long-term conditions, and the wider community. Creativity is the key to outstanding service in care and at Ladder to the Moon we support care service providers to achieve new heights.



ladder
to the
moon

What do I do?

Every quarter I will be in London on a development day, where I meet other participants on this journey. We discuss effective planning, creative teamwork, person centered activities, as well as implementing a best practice process, in between the development days I take part in a monthly coaching call with the trainer and three others from the group. Here we discuss what we have achieved with the box and how we have implemented them. On each of the above we get a chance to discuss with the others how well each box has been received and what we have achieved with it.

What's the box?

Each month we receive a box with items relating to a subject or theme, along with guidelines as to create a meaningful activity. We then keep the box, so if we find nothing inspiring for that particular month then we can use it another time.

The aim is to engage with residents, staff and families in creating a fun, open and imaginative session.

I hope this explains a little about Ladder to The Moon but if you would like to know more or come and see the boxes, feel free to ask.

Tickled Pink

Once again Tickled Pink Theatre Productions came to Maples and entertained the residents and staff with their entertaining mix of song and dance.



Christmas was obviously the theme for the day and they kept the entire room entertained with seasonal classics - both old and new, fast and slow. During the slower numbers, the singers also took the time to engage one-on-one with members of the audience, creating a very personal and memorable event.

We're all looking forward to welcoming them back to Maples in the New Year.



What is the Flower for the Month of January?

The January birth flowers are the carnation and the snowdrop.

January Birth Month Flower: The Carnation

The carnation comes in several different colours to convey different meanings, much like roses. A pink carnation means affection, while a red carnation means 'I love you.'

White carnations mean pure love, striped carnations means regret that a love is not shared, and yellow means rejection or disappointment.

January Birth Month Flower: The Snowdrop

The snowdrop used to be considered bad luck because it always seemed to appear to grow in graveyards, but nowadays this delicate flower signifies hope and beauty.

Sparkling Snow

Poem of the month

Excitedly snapping boots into skis,
Thinking it's nice, this cold winter breeze
That rustles the trees
And makes words freeze
Just when they are spoken.

Movement starts out shaky
The precipitation flaky
Swirling skiing trails look snaky
And soon legs will be achy,
But winter has awoken.

Soon, rushing down hills,
Disturbed snow spills,
Falling in frills,
And then it stills,
Forgetting quiescence was broken.

A crash breaks the calm
Sudden like a bomb
Looking down, blood soaks palm
It hurts! - where's mom?
But the pain is merely a token
For a love of winter, unbroken.



Our Canine Friends

Nightingale dogs regularly entertain the residents and November didn't fail with Xavi trying his hand at a dog version of Ker-Plunk.

Puffin, Xavi, Grace and Crowley along with Dennis, Leafy and Breeze then gave Reg a birthday to remember with the four smaller dogs all sitting on his lap.



Residents always enjoy visits from our canine friends



Bonfire Night

October, we started to celebrate Bonfire night with a challenge for each unit to make their own Guy.

Residents and carers joined together to make 3 different guys. Our reception area was taken over for a week by FRED from Poppy, MAGGIE from Sunflower and ALISON from Rose. Family, friends and staff voted for their favourite with Alison being the firm favourite. Congratulations go to the Rose unit. Staff and residents will be treated to a pub meal in recognition of their amazing creation.



Maples Sing-a-Long

Our regular singer Carly-Ann joined us in November for our wonderful sing-a-long together with her little baby bump.

She will be with us until early in the New Year but will then be taking time off to have a well-earned rest.

January Diary Dates

Music for Health 10th & 24th at 10.30am

Carley-Anne Sing-Along 25th at 2.30pm

Nightingale Dogs
(Sunflower & Rose 18th) (Poppy 15th)

Church Service & Wedding Blessing
23rd at 3.00pm

The church service will be held at the home, which will also include a lovely wedding blessing for Gillian and Peter Laney.



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